

# Menu November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>31</b> B: Cereal, Fruit, Milk S1: Yogurt & Granola L: Meatballs, Bowtie Noodles, Optional Sauce, Green beans, Fruit S2: Orange slices and Graham crackers	<b>1</b> B: Corn Muffin, Fruit, Milk S1: Apples & Cheese Sticks L: Fresh Mac n' Cheese, Steamed Zucchini, Fruit S2: Rice Cake & Jam	<b>2</b> B: Cereal, Fruit, Milk S1: Animal Crackers & Milk L: Turkey Burger, Roasted Squash, Sliced Tomatoes, Fruit S2: Hummus, Whole Wheat Pita, Sliced Cucumbers	<b>3</b> B: Oatmeal, Applesauce, Milk S1: Yogurt, Fruit, Granola L: Fish Sticks, Roasted Squash, Fruit S2: Veggie Straws & Pepper strips	<b>4</b> B: Pancakes, Applesauce, Milk S1: Challah, Grape Juice L: Buttered Elbow Pasta, Peas, Fruit S2: Apples & Graham crackers
<b>7</b> B: Cereal, Fruit, Milk S1: Animal Crackers & Milk L: Turkey Burger, Roasted Squash, Sliced Tomatoes, Fruit S2: Hummus, Whole Wheat Pita, Sliced Cucumbers	<b>8</b> B: Cereal, Fruit, Milk S1: Cheese Slices, Fruit, Whole Grain Crackers L: Fresh Mac n' Cheese, Steamed Zucchini, Fruit S2: Rice Cake, Jam	<b>9</b> B: Corn Muffin, Fruit, Milk S1: Animal Crackers & Milk L: Meatballs, Bowtie Noodles, Optional Sauce, Green Beans, Fruit S2: Sliced Peppers, Hummus, Whole Wheat Pita	<b>10</b> B: Oatmeal, Fruit, Milk S1: Yogurt, Fruit, Granola L: Fish Sticks, Sweet Potato Fries, Roasted Mixed Veggies, Fruit S2: Black Beans, Cucumbers, Whole wheat Crackers	<b>11</b> B: French Toast. Fruit, Milk, Syrup S1: Challah, Grape Juice L: Grilled Cheese, Tomato Soup, Steamed Broccoli, Fruit S2: Veggie Sticks & Sliced Peppers
<b>14</b> Cereal, Fruit, Milk S1: Yogurt & Granola L: Chicken Nuggets, Mashed Potatoes, Mixed Veggies, Fruit S2: Sliced Oranges & Graham Crackers	<b>15</b> B: Bagels, Cream Cheese, Fruit, Milk S1: Cucumbers, Hummus, Whole Wheat Pita L: Grilled Cheese, Tomato Soup, Broccoli, Fruit S2: Rice Cake and Jam	<b>16</b> B: Oatmeal, Fruit, Milk S1: Sliced Peppers & Black Beans L: Turkey Sandwich with tomato, Sliced Cucumbers, Fruit S2: Pretzels & Raisins	<b>17</b> B: Cereal, Fruit, Milk S1: Apples & Cheese Stick L: Pasta with red sauce, Steamed Broccoli, Fruit S2: Animal crackers & Milk	<b>18</b> B: Pancakes, Applesauce, Milk S1: Challah, Grape Juice L: Fish Sticks, Roasted Squash, Fruit S2: Yogurt and Granola
<b>21</b> B: Cereal, Fruit, Milk S1: Crackers, Cucumbers, Black Beans L: Turkey Taco, Sliced Tomato, Corn, Fruit S2: Fruit and Pretzels	<b>22</b> B: Oatmeal, Fruit, Milk S1: Fruit & Cheese Stick L: Pasta in red sauce, Steamed Broccoli, Fruit S2: Animal Crackers and Milk	<b>23</b> B: Pancakes, Fruit, Milk, Syrup S1: Rice Cake and Jam L: <b>Thanksgiving Feast – 12pm</b> <b>Close at 3pm</b>	<b>24</b> <b>Closed for Thanksgiving</b>	<b>25</b> <b>Closed for Thanksgiving</b>
<b>28</b> B: Cereal, Fruit, Milk S1: Yogurt & Granola L: Meatballs, Bowtie Noodles, Optional Sauce, Green beans, Fruit S2: Orange slices and Graham crackers	<b>29</b> B: Corn Muffin, Fruit, Milk S1: Apples & Cheese Sticks L: Fresh Mac n' Cheese, Steamed Zucchini, Fruit S2: Rice Cake & Jam	<b>30</b> B: Cereal, Fruit, Milk S1: Animal Crackers & Milk L: Turkey Burger, Roasted Squash, Sliced Tomatoes, Fruit S2: Hummus, Whole Wheat Pita, Sliced Cucumbers	<b>1</b> B: Oatmeal, Applesauce, Milk S1: Yogurt, Fruit, Granola L: Fish Sticks, Roasted Squash, Fruit S2: Veggie Straws & Pepper strips	<b>2</b> B: Pancakes, Applesauce, Milk S1: Challah, Grape Juice L: Buttered Elbow Pasta, Peas, Fruit S2: Apples & Graham crackers